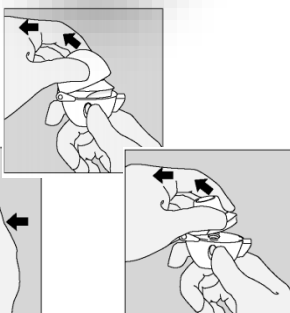


Handihaler

INSTRUCTIONS

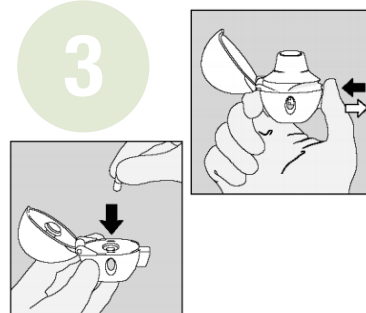
1



2



3



Open the dust cap

Open the cap by pressing the green piercing button on the side of Handihaler. Open the mouthpiece by pulling the mouthpiece ridge up and away from the base.

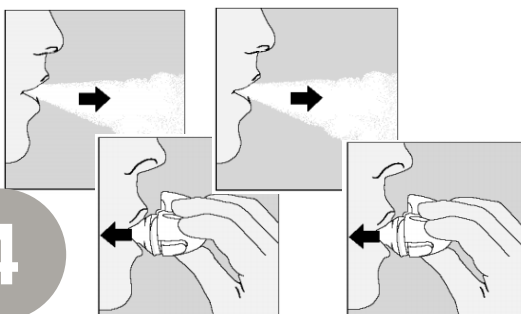
Remove capsule from blister

Separate only 1 of the blisters from the card by tearing along the perforated line. Do not cut the foil or use sharp instruments. Bend 1 of the blister corners with an arrow and separate the aluminum foil layers. Peel back the printed foil.

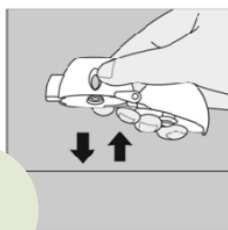
Put capsule into device

Put the capsule into device. Close the mouthpiece until you hear a “click”. Hold the device with the mouthpiece upright and press the button on the side to make a hole in capsule.

4



5



6



Breathe in

Breathe out completely in 1 breath. Do not breathe into your Handihaler. Raise the device to your mouth in a horizontal position. Close your lips tightly around the mouthpiece. Breathe in deeply until your lungs are full. Hold your breath for 10 seconds. At the same time, take the device out of your mouth. Breathe out slowly.

Remove capsule

Open the mouthpiece and tip out the used capsule into your trash, without touching it.

Clean

Clean your Handihaler device as needed by rinsing Handihaler device with water. It takes 24 hours to air-dry your HandiHaler device after you clean it.

Additional instruction:

- The unused capsules unintentionally removed from blister should not be used and should be thrown away.
- Do not shake your Handihaler device after pressing the green piercing button.
- Do not swallow Spiriva capsules. Spiriva capsules should only be used with the Handihaler device and inhaled through your mouth (oral inhalation).



Reference:

The electronic Medicines Compendium (eMC). Spiriva® Handihaler Package Leaflet: Information for the User. Available from: <https://docs.boehringer-ingenheim.com/Prescribing%20Information/PIs/Spiriva/Spiriva.pdf> [Accessed 12 February 2021].